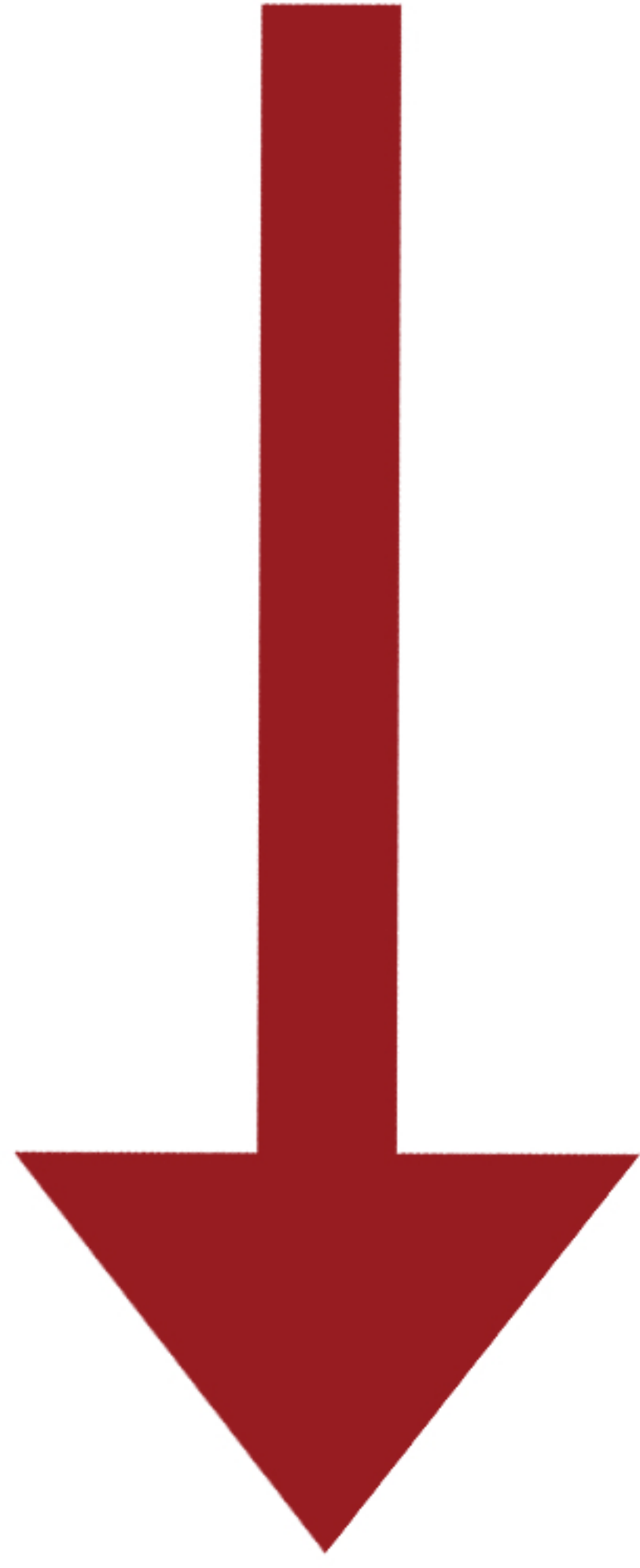


PLEASE MAKE SURE  
SAMPLE GOES ALL THE WAY  
DOWN TO THE BASE



TO SEAL

TAPE HERE

Email: [service@tracellements.health](mailto:service@tracellements.health)

HTMA Laboratory Submittal Form.

**Special Note:** Every sample must have a completed the required weight.  
125 milligrams (0.125 grams). If a hair weight scale is unavailable, one full teaspoon should be approximately the requested weight for a hair specimen is discarded the excess.  
**Amount:** The requested weight for a hair specimen is 125 milligrams (0.125 grams). If a hair weight scale is unavailable, one full teaspoon should be approximately the requested weight.  
**Length:** Use stainless steel scissors or thinning shears to cut the hair as close to the scalp as possible. Keep the length of the collected hair to 1.5 inches or less. Keep the proximal portion (the closest 1.5 inches to the root) and discard the excess.  
Take precautions for those exposed to external contaminants between washing and collection. Ensure hair is free of gels, oils, and hair creams. Untreated hair can usually be found beneath the nape. treated, wait for new virgin growth before collecting. permed, dyed, or bleached. If all hair has been chemically

Quality, Integrity, Commitment

**TRACE  
ELEMENTS**

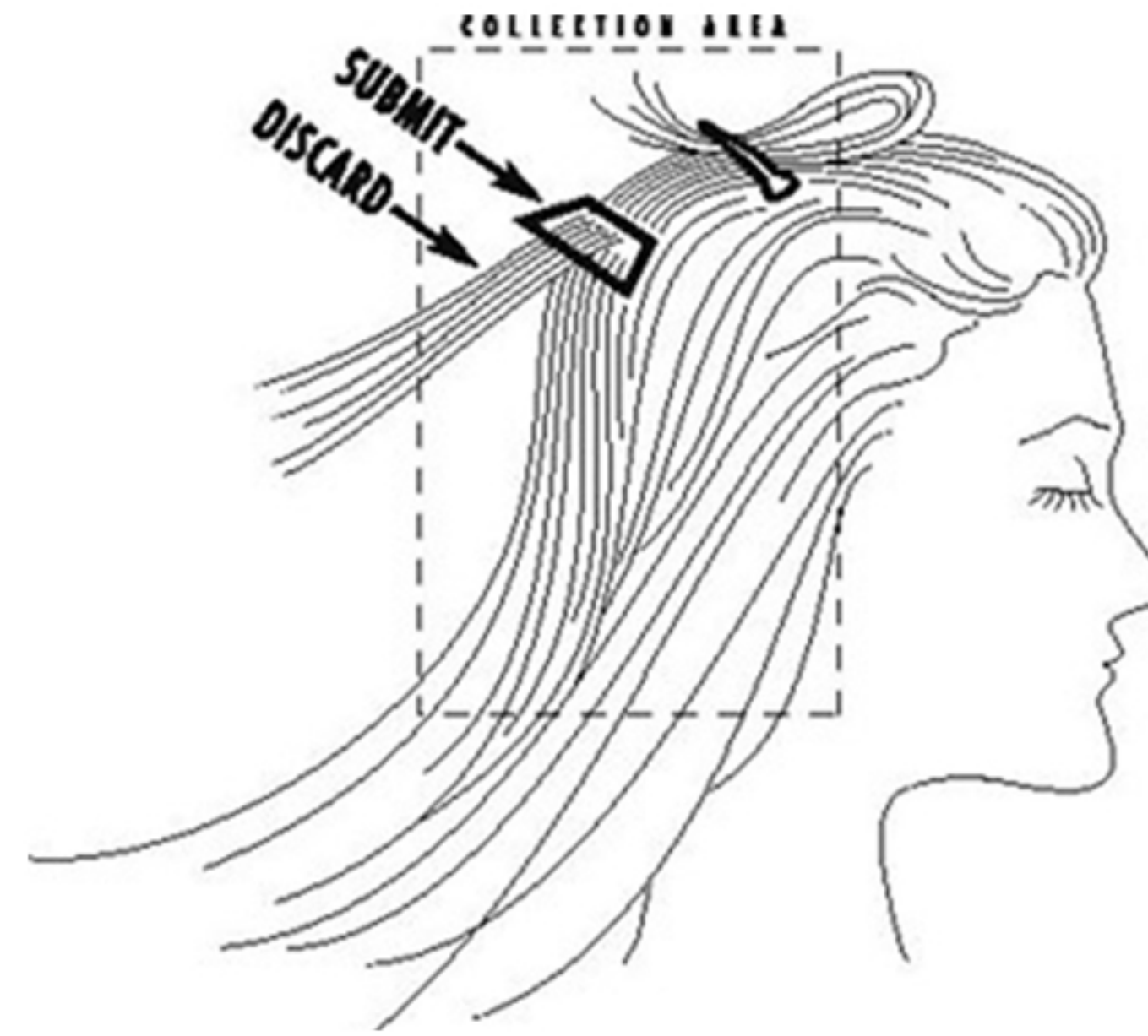
Fold 5

LAB NO. (RETEST ONLY): \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_

SHAMPOO: \_\_\_\_\_

ACCOUNT NO.: 6663 (For internal use only)



**Location:** Take small portions of each sample from at least 4 to 5 different areas of the scalp. Collect samples from the nape of the neck, posterior vertex, and posterior temporal regions. Scalp hair is the preferred choice for analysis. Other body hair, like pubic hair, should only be used if scalp hair is unavailable. Do not mix head hair from other areas of the body.

Fold 4

Fold 2

Fold 3

Fold 1