

PLEASE MAKE SURE
SAMPLE GOES ALL THE WAY
DOWN TO THE BASE



Fold
5

TO SEAL **TAPE HERE**

Email: service@hairmineralanalysis.health
HTMA Laboratory Submittal Form.

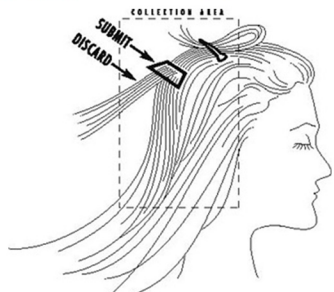
Special Note: Every sample must have a completed the required weight.

Amount: The requested weight for a hair specimen is 125 milligrams (0.125 grams). If a hair weight scale is unavailable, one full teaspoon should be approximately the required weight.

Sample Preparation: Collect untreated hair that is not permed, dyed, or bleached. If all hair has been chemically treated, wait for new virgin growth before collecting. Untreated hair can usually be found beneath the nape. Ensure hair is free of gels, oils, and hair creams. Take precautions for those exposed to external contaminants between washing and collection.

Length: Use stainless steel scissors or thinning shears to cut the hair as close to the scalp as possible. Keep the length of the collected hair to 1.5 inches or less. Keep the proximal portion (the closest 1.5 inches to the root) and discard the excess.

LAB NO.(RETEST ONLY): _____
PATIENT NAME: _____
SHAMPOO: _____
ACCOUNT NO.: 6663 (For internal use only)



Location: Take small portions of each sample from at least 4 to 5 different areas of the scalp. Collect samples from the nape of the neck, posterior vertex, and posterior temporal regions. Scalp hair is the preferred choice for analysis. Other body hair, like pubic hair, should only be used if scalp hair is unavailable. Do not mix head hair from other areas of the body.

Fold
4

Fold
2

Fold
3

Fold
1